



Swansea University
Prifysgol Abertawe

FACULTY OF SCIENCE AND ENGINEERING

UNDERGRADUATE STUDENT HANDBOOK

YEAR 2 (FHEQ LEVEL 5)

SPORT AND EXERCISE SCIENCE

DEGREE PROGRAMMES

SUBJECT SPECIFIC
PART TWO OF TWO
MODULE AND COURSE STRUCTURE
2025-26

DISCLAIMER

The Faculty of Science and Engineering has made all reasonable efforts to ensure that the information contained within this publication is accurate and up-to-date when published but can accept no responsibility for any errors or omissions.

The Faculty of Science and Engineering reserves the right to revise, alter or discontinue degree programmes or modules and to amend regulations and procedures at any time, but every effort will be made to notify interested parties.

It should be noted that not every module listed in this handbook may be available every year, and changes may be made to the details of the modules. You are advised to contact the Faculty of Science and Engineering directly if you require further information.

IMPORTANT

Term Dates

The 25-26 academic year begins on 29 September 2025

Full term dates can be found [here](#)

Academic Integrity

Swansea University and the Faculty of Science of Engineering takes any form of **academic misconduct** very seriously. In order to maintain academic integrity and ensure that the quality of an Award from Swansea University is not diminished, it is important to ensure that all students are judged on their ability. No student should have an unfair advantage over another as a result of academic misconduct - whether this is in the form of **Plagiarism**, **Collusion** or **Commissioning**.

It is important that you are aware of the **guidelines** governing Academic Misconduct within the University/Faculty of Science and Engineering and the possible implications. The Faculty of Science and Engineering will not take intent into consideration and in relation to an allegation of academic misconduct - there can be no defence that the offence was committed unintentionally or accidentally.

Please ensure that you read the University webpages covering the topic – procedural guidance [here](#) and further information [here](#). You should also read the Faculty Part One handbook fully, in particular the pages that concern Academic Misconduct/Academic Integrity.

The difference between compulsory and core modules

Compulsory modules must be **pursued** by a student.

Core modules must not only be **pursued**, but also **passed** before a student can proceed to the next level of study or qualify for an award. Failures in core modules must be redeemed.

Further information can be found under “Modular Terminology” on the following link - <https://myuni.swansea.ac.uk/academic-life/academic-regulations/taught-guidance/essential-info-taught-students/your-programme-explained/>

Key Programme Staff

Sport and Exercise Science Programme Director	Sport and Exercise Science Year 2 Coordinator
Dr Elisabeth Williams	Dr Andrew Bloodworth

Year 2 (FHEQ Level 5) 2025/26
Sport and Exercise Science
 BSc Sport and Exercise Science with a Year Abroad[C601]

Compulsory Modules

Semester 1 Modules	Semester 2 Modules
<u>SR-251</u> Developing Research Methods for Sports Science 15 Credits Mr LM Davies/Dr TD Love/Dr LR Trainor	<u>SR-252</u> Employability, Innovation & Engagement 15 Credits Dr EMP Williams
Total 120 Credits	

Optional Modules

Choose exactly 45 credits

You should select exactly three modules (45 credits) for Teaching Block 1 (TB1) and exactly three modules (45 credits) for Teaching Block 2 (TB2). Please think carefully about your selections as these will influence your options at level 6 (Year 3). SR-258 is a prerequisite for Biomechanics (SR-305); SR-260 is a pre-requisite for Psychology (SR-326); and SR-253 is a pre-requisite for Physiology (SR-334)

<u>SR-253</u>	Exercise Physiology	Prof MA McNarry/Dr G Garcia Matta/Dr M Waldron/..	TB1	15
<u>SR-255</u>	Sport Performance Science 2	Prof LP Kilduff	TB1	15
<u>SR-256</u>	Exercise Science: Interventions and Applications	Prof KA Mackintosh/Prof J Hudson	TB2	15
<u>SR-258</u>	Biomechanical Technology, Measurement & Analysis	Prof NE Bezodis/Dr C Starbuck	TB1	15
<u>SR-260</u>	Contemporary themes in sport psychology	Dr KDE Pankow/Dr LR Trainor	TB1	15

And

Choose exactly 45 credits

You should select exactly three modules (45 credits) for Teaching Block 1 (TB1) and exactly three modules (45 credits) for Teaching Block 2 (TB2). Please think carefully about your selections as these will influence your options at level 6 (Year 3). SR-258 is a prerequisite for Biomechanics (SR-305); SR-260 is a pre-requisite for Psychology (SR-326); and SR-253 is a pre-requisite for Physiology (SR-334)

<u>SR-208</u>	Critical Issues in Sport Integrity and Athlete Welfare	Mr LTJ Cox	TB2	15
<u>SR-210</u>	Sports Ethics: The Ethics of Athlete Well-Being	Dr J Devine/Dr AJ Bloodworth/Mr LTJ Cox/..	TB2	15
<u>SR-250</u>	The Ethics of Doping: Health, Sport and Society	Dr AJ Bloodworth	TB1	15
<u>SR-257</u>	Kinanthropometry	Prof L Mason	TB2	15
<u>SR-259</u>	Human Nutrition	Dr TD Love	TB2	15

Year 2 (FHEQ Level 5) 2025/26

Sport and Exercise Science

BSc Sport and Exercise Science[C600]

Compulsory Modules

Semester 1 Modules	Semester 2 Modules
SR-251 Developing Research Methods for Sports Science 15 Credits Mr LM Davies/Dr TD Love/Dr LR Trainor	SR-252 Employability, Innovation & Engagement 15 Credits Dr EMP Williams
Total 120 Credits	

Optional Modules

Choose exactly 45 credits

You should select exactly three modules (45 credits) for Teaching Block 1 (TB1) and exactly three modules (45 credits) for Teaching Block 2 (TB2). Please think carefully about your selections as these will influence your options at level 6 (Year 3). SR-258 is a prerequisite for Biomechanics (SR-305); SR-260 is a pre-requisite for Psychology (SR-326); and SR-253 is a pre-requisite for Physiology (SR-334)

SR-250	The Ethics of Doping: Health, Sport and Society	Dr AJ Bloodworth	TB1	15
SR-253	Exercise Physiology	Prof MA McNarry/Dr G Garcia Matta/Dr M Waldron/..	TB1	15
SR-255	Sport Performance Science 2	Prof LP Kilduff	TB1	15
SR-258	Biomechanical Technology, Measurement & Analysis	Prof NE Bezodis/Dr C Starbuck	TB1	15
SR-260	Contemporary themes in sport psychology	Dr KDE Pankow/Dr LR Trainor	TB1	15

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SR-257	Kinanthropometry	Prof L Mason	TB2	15
SR-259	Human Nutrition	Dr TD Love	TB2	15